



CHARLESTON™
Neck & Back
C E N T E R

WELCOME TO OUR OFFICE

To help insure that your visit with us is a positive experience, the following are some procedures you can expect during your visit with us. Please allow up to an hour to complete your first visit.

1. Paperwork

Please complete all of the forms in order for us to evaluate you better when the doctor consults with you. Don't forget to sign and date all forms.

2. Patient Education

Our doctors and staff will help you understand chiropractic care. You will also be shown a 12 minute video introducing the Pro-Adjuster and how it can help in chiropractic care.

3. Consultation

The doctor will review your health history with you and consider any background information on your condition and what the noticeable symptoms are.

4. Examination

This is a comprehensive chiropractic, orthopedic, and neurological examination aimed specifically to discover the source of your condition.

5. X-Ray Exam

Digital x-rays may also be taken to visualize the location of any spinal problems, reveal any pathologies, and make your chiropractic care more precise.

6. Additional Procedures

The doctor may suggest the application of ice, heat, or use of another procedure to help reduce pain or inflammation. These procedures may also include the use of ultrasound, electrical stimulation, inter-segmental traction, or manual therapy by an LMT.

7. Your Next Visit

After your first visit, please plan to spend 45 minutes on your next visit. The doctor will use all available information taken in the first day to determine and review proper care with you.

We look forward to meeting with you!

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